



**CHANCES ARE,  
One of the patients you'll  
see today has  
a gambling problem.**

You can't smell it on their breath or see it in their eyes, but 1 in 10 primary care patients may have a gambling problem.\* Two simple questions can help reveal this hidden addiction. Ask your adult patients:

- **Have you ever lied about how much you gamble?**
- **Have you ever felt the need to bet more and more money?**

Problem gambling could present as headaches, stomachaches, anxiety, depression, or sleep disturbances. Catch the underlying problem and utilize local resources. A referral to gambling treatment can make all the difference. For complete diagnostic criteria and a more comprehensive screening tool, log on to [www.npgaw.org](http://www.npgaw.org) or call the National Council on Problem Gambling HelpLine 1-800-522-4700 for additional information and help making a referral.

**NATIONAL PROBLEM GAMBLING AWARENESS**

**1-800-522-4700**  
**[www.npgaw.org](http://www.npgaw.org)**

**WHEN GAMBLING IS MORE THAN  
A GAME, NO ONE WINS.**